

Numu-Lite: Enabling Grassroots Change at

Purpose

Numu-Lite is a one-day Agile & Systems Thinking bootcamp followed by a three-month guided journey where students design and run zero-investment community experiments. Delivered pro bono by ChangeCraft as part of its CSR commitment, the programme equips students with practical 21st-century skills whilst advancing the university's community service mandate.

More details about Numu-LiTTe can be found at the official [ChangeCraft website](#).



Programme Structure



<i>Component</i>	<i>Description</i>	<i>Duration</i>
<i>Bootcamp (Day 1)</i>	<i>Immersive, activity-based introduction to agile methods, collaboration, and systems thinking.</i>	<i>7 hours</i>
<i>Coaching Circles (Months 1–3)</i>	<i>Monthly 1-hour sessions in small groups to sustain reflection and peer learning.</i>	<i>~3 hours</i>
<i>Showcase Event</i>	<i>Open review with invited guests from industry, government, and academia to celebrate student-led experiments and insights.</i>	<i>2 hours</i>

Core Learning Themes

Adaptability & Collaboration

Learning to turn ideas into action through small, iterative experiments.

Systems Thinking

Understanding how local challenges connect to broader social dynamics.

Community Leadership

Building empathy, trust, and teamwork through visible community impact.



Example Student Experiments

All projects require commitment and creativity, not capital:

- *Community Resource Mapping – connect hidden neighbourhood skills* → *Peer Mental Health Circles – build resilience through shared listening*
- *Waste-to-Value Exchanges – transform waste into local opportunity* → *Storytelling for Dialogue – strengthen empathy across differences*

Each experiment has been designed to take not more than a max of 8 hours per student team to complete.

- See the [Grassroots Resource site](#) for the full list.

Benefits for Departments

- *Enhances employability: students practise project management, facilitation, and community engagement.*
- *Meets Higher Education community-service requirements with structured, measurable outcomes.*
- *Provides research & publication data for social-innovation or behavioural-science faculties.*
- *Raises the university's visibility in a cross-regional network of institutions advancing the UN SDGs #3, #4, #8, #11, #12, #17.*



Immediate Actions

Nominate Students

Nominate 25 students (diverse, curious, early-year) using ChangeCraft's selection criteria.

Share Selected Participant details

Name, programme, year of study (1st & 2nd Yr only), Email, Mobile Phone #.

Assign Dept. Focal Point

Assign a focal point from your dept. to coordinate with internal University facilitator.

Your internal University Facilitator Contact:

Name:

Dept:

Email:

Mobile: